

If you or someone you know is currently on a Methadone or Buprenorphine treatment program and needs stabilisation support, call our service for a free and confidential assessment.

Are you having issues with poly drug use; need time out to stabilise your mental and physical health; do you feel you are in chaos?

Do you need a period of stabilisation away from your current environment to learn new living and social skills while maintaining your Methadone or Buprenorphine treatment?

Our staff are available between 9.00am and 4.30pm to answer your questions about our program and work with you to decide the best treatment plan or referral possible.

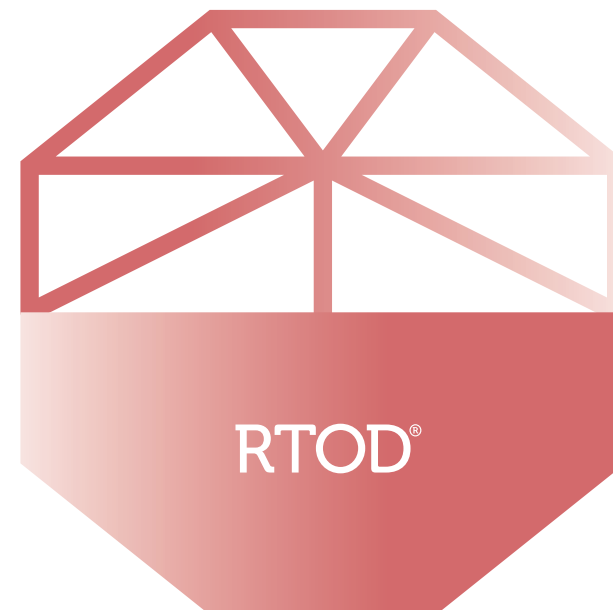
Give WHOS® RTOD® a call on (02) 8572 7488 or (02) 8572 7444 or visit us online at www.whos.com.au



RTOD® Residential Opioid Treatment Stabilisation Program

Assessment by appointment only -
Male and Female places available

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Residential Opioid Treatment Stabilisation Program

The Program

WHOS® RTOD® (Residential Treatment of Opioid Dependence) set in the tranquil and heritage grounds in inner Sydney uses the modified Therapeutic Community (TC) model of care to assist you in your stabilisation needs while learning the skills necessary to achieve your goals.

RTOD®'s aim is to foster health gains within an individualised and streamlined therapeutic program for opioid maintenance clients needing stabilisation support and to attain the highest possible levels of physical, mental and social health and to discover a new way of living.

WHOS® PROGRAMS

Residents are encouraged to take on increasing levels of responsibility in the running of the RTOD® Therapeutic Community (TC). As a resident moves through the various stages of the program they receive increased levels of personal freedom and gain greater awareness of the effect their behaviour has on themselves and the community around them.

TREATMENT

90 DAYS DURATION	THERAPEUTIC COMMUNITY: Looking inward and understanding your dependence issue
120 DAYS DURATION	TRANSITION: Moving from the therapeutic community to semi independent living – Pre employment/education
AS REQUIRED	EXIT STAGE: Living independently in the wider community. Residents move from transitional accommodation into the broader community

Treatment

THINGS TO CONSIDER

- Minimum age is 18 years
- No minimum dose
- Permission from your prescriber to return to their care upon discharge
- Detoxification from Benzodiazepine and alcohol prior to admission
- If you have medical and/or mental health needs that need specialist care or supervision please discuss with our staff to make sure we have the resources to meet your needs
- Court/legal business will need to be deferred for the first six weeks of the program. We may be able to assist with deferment

RTOD PROVIDES

Group work and individual support is provided by AOD workers who deal with your specific needs.

- Dispensing of your Methadone or Buprenorphine – no cost
- Access to medical and mental health support to aid stabilisation.
- Safe and secure environment – staffed 24hrs / 7days
- Stress management
- Harm Reduction including infection disease education
- Aftercare program
- Access to legal, welfare, housing, employment and family support services.

Details

OTHER COMPLEMENTARY ACTIVITIES

- External recovery based support networks
- Regular structured exercise
- Wellness training

In addition there are a wide range of community based social gatherings and shared activities which help to build a sense of collaboration and support.

ADMISSIONS PROCESS

Initial assessments are carried out over the phone by staff Monday to Thursday 9.00am to 4.30pm.

If eligible you will be required to come to the service for a face to face interview and potential admission.

For more information please contact WHOS® RTOD® staff on (02) 8572 7488 or general (02) 8572 7444.

COSTS

WHOS® Services are mostly funded by State and Federal Governments. However to cover costs not provided by funders it is necessary to charge a fee from your benefit entitlement for your first 4 months. After 4 months, you will only need to contribute for food and accommodation.