

If you or someone you know needs help, call our service for a free and confidential assessment.

Our staff are available between 9.00am and 4.30pm to answer your questions about our program and work with you to decide the best treatment plan or referral possible.

Call us now on 0422 055 700  
or visit us online at [whos.com.au](http://whos.com.au)

## WHOS® WEST

### Assessment, Referral and Residential Aftercare

Phone: 0422 055 700 [info@whos.com.au](mailto:info@whos.com.au)



Western Sydney

# The Service

WHOS® WEST offers assessment, referral services and residential supported care for individuals from the Nepean - Blue Mountains districts. This service is for people seeking to find freedom from their alcohol and other drug (AOD) dependence and discover a better way of living. WHOS® WEST works collaboratively with the NSW Ministry of Health through the Nepean Blue Mountains Local Health District and Nepean Hospital.

## WHOS® PROGRAMS

WHOS® WEST offers comprehensive AOD assessment and referral services such as:

- Residential Supported Care situated in the Penrith area
- Residential Rehabilitation Beds in Sydney and regional locations
- Residential Opioid Treatment Programs (OTP) – Stabilisation and Reduction

“I have been shown kindness and respect at a time when I could not show this to myself or anyone else. I have been shown that it’s okay to take a chance and that being honest far outweighs keeping secrets. With a lot of help I have done what I have been trying to do for years – live life without drugs and alcohol. I am looking at moving into independent accommodation soon and know that the future looks very bright for me.”

Thank you WHOS® WEST.

# Program

## WHOS® WEST offers comprehensive AOD assessment and referral services such as:

The aim of the service is to provide a friendly and supportive environment for clients in need to get their lives back on track.

This service is designed for clients who are capable of living semi-independently. Clients are referred initially from detox, AOD Services and Justice Health programs as well as at the completion of a residential rehabilitation program. Clients must agree to remain abstinent from alcohol and other drug use and demonstrate preparedness to participate in program elements identified in their case management plan.

## Residential Rehabilitation and Opioid Treatment Programs

WHOS® WEST will assist clients with moderate to severe alcohol and other drug use problems from Nepean - Blue Mountains districts in accessing residential treatment programs.

Clients need to be 18 years and over and require structured support. Coexisting mental health issues will be assessed along with prescribed medications. Pregnant women are eligible (subject to assessment and medical recommendations). Access to Opioid Treatment Programs (OTP) – Stabilisation and Reduction is available subject to assessment, suitability and bed availability. MERIT, Drug Court and legal referrals may also apply.

# Details

## Access to Admission and Services

Initial Contact  
Telephone: 0422 055 700

## ASSESSMENT

Clients participate in initial assessment by phone or in person at the WHOS® WEST office or Nepean Hospital.

Referral to

- a) Residential Supported Care in Penrith
- b) WHOS® Therapeutic Communities
- c) Other residential Treatment Services
- d) Detoxification Units

## AFTERCARE:

Referral back to WHOS® WEST Residential Supported Care Services on completion of rehabilitation program is subject to bed availability.